MENU WEEK 1

SERVED W/C

9th Nov | 30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Hutchison

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal OPTION 1	Fajita roasted vegetable pizza with oven baked wedges	Cheesy bean pasta bake	Vegetable sausages with roast potatoes & gravy	5 bean chilli with Mexican rice	Vegetable nuggets, chips & tomato ketchup
Main Meal OPTION 2	Fajita chicken pizza with oven baked wedges	Beef bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Chicken wrap with Mexican rice	Fish fingers, chips & tomato ketchup
Veggies	Green beans & sweetcorn	Broccoli	Broccoli & roasted carrot	Rainbow vegetables	Baked beans
Sandwiches	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Ham Cheese or Tuna mayo	Cheese or Tuna mayo
Sweet Treats	Lemon shortbread	Fruit crumble & custard	Chocolate & banana brownie sponge	Sliced fruit selection	Chocolate shortbread

Available Every Day –

Crunchy Colourful Salad Bar
Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans
A choice of Fruit, Jelly or Yoghurt

KEY

Vegan
Vegetarian
Wholegrain
Added Chickpeas
Added Lentils
Made with Pea Protein
Nutritionist's Choice